

# PE and School Sport Action Plan

## St Brewardschool 2018–2019

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2018/19 the amount schools receive continues as doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16,000-£20000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

**Lead member of staff  
responsible**

Hannah Simpson

**Lead Governor  
responsible**

Simon Morris

**Key achievements to date:**

Complete audit on PE resources on site October 2017.

Successful sports teams in competitive sport at level 2 competition. This included netball, rugby and hockey.

Yr1-6 attended 2 indoor climbing wall sessions.

Pupil sugar smart training with ARENA.

BOKWA Dance Club delivered all year for all ages.

YR4/5/6 children swim weekly for half of the academic year.

Improved playtime provision, including line markings, ride on toys and basketball hoops.

A range of different sports and activities offered during curriculum time and after school clubs.

Providing bikeability and balanceability sessions.

**Areas for further improvement and baseline evidence of need:**

- Upskilling staff- outdoor learning and TA Training on playtime supervision.
- To provide access to specialist indoor activities, such as gymnastics and dance to allow KS2 children to access all curriculum areas due to limited indoor space.
- To continue to provide a range of activities off school site- Porthpean outdoor activities, gymnastics and surfing.
- To use the school grounds to provide opportunities for outdoor active learning.
- Providing resources which are appropriate for the needs of all children.
- Raising the profile of sport through the development of a sports committee.

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To purchase equipment to encourage active playtimes. Playground leaders to plan(with supervision)activities to engage children on a daily basis.	<b>£500</b>	Equipment purchased. Choices of equipment suggested by playground leaders and be used regularly. Playground leaders doing their job successfully and TA'S report happier and active playtimes. Improved behaviour at playtimes as children are more active and engaged.	<b>Current playground leaders to train younger children (apprentice) and regular log of equipment to be completed.</b>
Purchase of equipment to be used in P.E curriculum time to support the delivery of P.E and to ensure children have access to a high-quality experience in P.E lessons.	<b>£1500</b>	Equipment purchased and used in lessons. More children engaged in PE lessons and providing a wider range of activities and sports during curriculum lessons.	<b>Maintain equipment log and replace when needed.</b>
Use the school outdoor space for active learning and school TISUK Practitioner will use the outdoor space carrying out gardening jobs and active sessions as a form of therapy. 40% of the children	<b>£3000</b>	Delivery of outdoor education lessons during curriculum time such as bushcraft.	<b>Timetabling to ensure curriculum time. Look at each class using Outdoor learning space weekly. Children developing life long</b>

continuously accessing TISUK outdoor sessions. Continue to maintain this space.		Produce grown for consumption or sale- green beans, tomatoes, corn and daffodils. Calm but busy children. Children are learning about food sources which is leading to healthier food choices and transferrable skills.	<b>healthy habits and knowledge.</b>
Each class to partake in 10-minute ACTIVE START activity each morning.	<b>Free</b>	All three classes active either outside or inside daily. Improved concentration by most children in lessons after these sessions.	<b>Provide a bank of ideas for different age groups both indoor and outdoor.</b>
Installation of a 'climbing stax 3' unit from School Scapes to encourage physical activity and sensory feedback.	<b>£2020</b>	Awaiting installation Autumn 2019.	<b>Maintain equipment. All aged children accessing equipment for many years.</b>
Introduced 'the moving mile' 2 times a week in Seahorses Class during the mornings.	<b>Free</b>	Children completing a mile 2 times a week, improving activity levels. Sense of achievement by completing a mile.	<b>Children making choices to be more active during lunchtimes and break times. Other children in the school also participating.</b>
Installation of outside speakers and music amp to promote music and movement during PE lessons and break times.	<b>£1500</b>	Increased levels of children dancing, cheerleading, music	<b>Children to create own dances, teaching other children.</b>

		and movement activities at break and lunch times. The children are trying different types of dance and activities.	
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**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To continue to train playground leaders with the support of the P.E coordinator.	Free	Increase in children asking to become playground leaders and deliver activities on a daily basis. Develops leadership skills, confidence and communication skills. Playground leaders are active role models for younger children.	Continue to provide sports leadership opportunities in school for the children.
Sports committee update the notice boards and sports board in school to raise the profile of P.E and sport for all visitors and children. Playground leaders take ownership of what needs to be included on	£30	Noticeboards full of information about clubs, games, festivals, sporting achievements	Encourage children to update notice boards and feedback during sports committee meetings. Introduce Sports ambassadors.

these boards.		and national sporting events or awareness. All children refer to the sport boards and take more notice.	
Celebration assemblies to recognise and reward achievements in P.E and school sport. Half termly reports about sporting achievements in newsletter sent to parents.	£100	Termly assemblies including children and parents. Trophies to be given out at the end of each year to promote achievement, effort and contribution to sport. Developing a sense of pride and increase in confidence and self-esteem.	Continue to find new ways to celebrate sporting success.
Update school football kit to raise the schools profile at sporting events.	£200	New kit bought and chosen by sports committee members. Worn proudly by children at football events.	Maintain kit and replace when needed.
PE Action plan with a governor link.	£0	Meetings between HS and SM.	Yearly action plan.
Inspirational assembly from a Team GB athlete.	£395	Assembly takes place for all children in the school. Inspires children and promotes	Yearly visit- look into local athletes. Inspiring more children to get involved in sports.

Promoting world sporting events such as Netball World cup, through sports based afternoons and informing children of media coverage of sports.	Free	aspirations.  Afternoons take place, children raising aspirations.	Research national/ world specific events to promote in the next academic year.
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**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training-. Cover provided. KG to attend fire starting session and outdoor learning CPD.	£500	Inclusive P.E curriculum which up skills teachers and children. Greater understanding of subject by non-specialists. Regular attendance and feedback to teaching staff and hold CPD sessions with whole school where necessary.	More CPD opportunities taken.
TB to upskill HS and KG in outdoor education. Mixed class sessions to apply skills with support.		All KS1 and KS2 children to access outdoor education sessions delivered by class teacher during curriculum time.	Continue to promote outdoor learning throughout the curriculum. Timetable half termly outdoor learning sessions.

P.E coordinator to be released to attend CPD and regular updates on P.E/Sports to be then fed back to staff.	£1000	Attendance on CPD courses and cluster/Arena meetings.	
CPD for playground supervisors to encourage increased activity at Playtimes.	£300	Staff providing opportunities for all children to be active at lunchtimes and work with playground leaders to plan and help run activities.	Staff members who attend training to support other staff and share ideas.

**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Provide a range of activities for children to access during curriculum time and after school activities:</p> <ul style="list-style-type: none"> <li>Year 5 and Year 6 children to access Bikeability sessions delivered through Arena</li> </ul>		<p>Attendance by children. Improvement in child confidence when trying new activities.</p> <p>Increase in number of children accessing after school clubs.</p> <p>More children involved in sport outside of school.</p>	<p>Continue to ask children for their opinion and ideas on different outdoor and adventurous activities outside of school.</p> <p>Continue to buy into Arena membership who offer Bikeability sessions and book balancebaility for next academic year.</p> <p>Research other sports/activities that could be delivered to the children through after school clubs.</p> <p>Review and update.</p>



<p>membership.</p> <ul style="list-style-type: none"> <li>• After school BOKWA dance club available to all ages.</li> <li>• FitFence taster session for children in YR1-6.</li> <li>• YR4/5/6- 3x 1 hour gymnastics sessions taking place at local gymnastics centre.</li> <li>• After school kick boxing club, delivered by a world champion for a 3 half terms.</li> <li>• Outdoor leaning sessions lead by a professional in the local woods- both classes x3 sessions a year.</li> </ul> <p>2 x climbing wall sessions for YR4-6.</p> <p>Signpost pupils and families to local sporting opportunities.</p> <p>PAFC- 6 weeks of hour PE sessions for YR1-6. PAFC after school club for 6 weeks.</p>	<p>£300</p> <p>£330</p> <p>£400</p> <p>£1200</p> <p>£520</p> <p>£540</p>	<p>Increase in number of children accessing after school clubs. More children involved in sport outside of school.</p>	<p>Teachers using football coaching ideas in PE lessons and after school clubs. Using PAFC next academic year.</p>
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Dance workshop delivered by Katie Green (Camglaze caverns- cave dancing)	£250	Workshop took place- high enjoyment levels.	Source further dance workshops
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**Key Indicator 5 :Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Join Arena to access pathways to level 2 and 3 competitions for a wide range of sports.	£475	Access to level 2 and 3 events.	Maintain membership.
To compete in cluster competitions in netball, rugby, hockey and football.		Participation in competition against other cluster schools.	Year on year increase.
Transport to events and competitions.	£1000	Access to competition.	
Minibus training for Chair of Governors to assist with transport to sporting events.	£150	Easier access to competition.	

**Meeting national curriculum requirements for swimming and water safety**

**Please complete all of the below:**

What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?		90%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?		90%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?		90%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?		No
Total funding - £16,410	Total funding allocated to date – £16210	Total funding to be allocated- £200